

Christina School District

MIDDLE SCHOOLS, DOUGLASS, NETWORKS, SPA MENU

MARCH 2024

MARCH MENU FEATURES

March 4th-March 7th-National School Breakfast Week



Hang loose with a healthy start and join us for breakfast every morning & check out the breakfast for lunch menu items!

March 14th-Pi Day- New! Chicken Pot Pie with Biscuit



March 15th- St. Patrick's Day Celebration- Green Theme Lunch

March 19th- 1st Day of Spring



March 26th- National Spinach Day



Friday, March 1

Breakfast

Cinnamon Toast Crunch
Pastry(V/H)

Lunch

Chicken & Cheese
Quesadilla
Elote Corn
Chilled Pears

AVAILABLE DAILY

BREAKFAST

**CEREAL/CEREAL BAR
(V/H)**

BAGEL (V/H)

CRUNCHMANIA (V/H)

POPTARTS

100% JUICE

ASSORTED FRUIT

MILK

LUNCH

PBJ MEAL (V/H)

DAIRY LUNCHABLE (V/H)

ASSORTED SALADS

ASSORTED SUBS

ASSORTED FRESH FRUIT

CARROTEENIES

FRESH VEGGIE CUP

ASSORTED HUMMUS

MILK

GRAB N GO ENTREES

***V=VEGETARIAN**

***H=HALAL APPROVED**

Monday, March 4

Breakfast

Assorted Breakfast
Bread(V/H)

Lunch

French Toast Sticks,
Chicken Sausage &
Graham Cracker
Tater Tots
Applesauce Cup

Tuesday, March 5

Breakfast

Cereal Blast Waffles(V/H)

Lunch

Egg & Cheese Breakfast
Sandwich(V/H)
Cinnamon Sweet Potato
Fries
Fruit Icy

Wednesday, March 6

Breakfast

Mini Bagels & Waffle
Snaps(V/H)

Lunch

Season's Pizza(V/H)
Crispy Chicken Salad
Mixed Vegetables
Side Garden Salad
Chilled Pineapple

Thursday, March 7

NATIONAL CEREAL DAY

Breakfast

Cereal (V/H)

Lunch

Chicken Tenders & Waffle
Sticks
Glazed Carrots
Strawberry Cup

Friday, March 8

NO SCHOOL

Monday, March 11

Breakfast

Muffin(V/H)

Lunch

Chicken Patty Sandwich
Golden Corn
Raisins

Tuesday, March 12

Breakfast

French Toast Sticks(V/H)

Lunch

Meatball Grinder
Steamed Peas
Chilled Pears

Wednesday, March 13

Breakfast

Strawberry & Sweet
Cream Turnover (V/H)

Lunch

Season's Pepperoni
Pizza(V/H)
Ranch Chicken Salad
Buffalo Cauliflower
Applesauce Cup

Thursday, March 14

Breakfast

Glazed Donut Pull Apart
Donut(V/H)

Lunch

NEW! Chicken Pot Pie with
Biscuit
Steamed Broccoli
Peach Cup

Friday, March 15

Breakfast

Mini Pancakes (V/H)





Lunch

2Cheese **Pesto** Grilled
Cheese Sandwich
Steamed Green Beans
Popeye Spinach Salad
Green Grapes

Christina School District

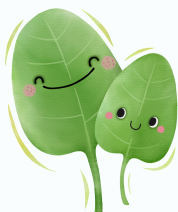
MIDDLE SCHOOLS, DOUGLASS, NETWORKS, SPA MENU

MARCH 2024

| Monday, March 18 | Tuesday, March 19 | Wednesday, March 20 | Thursday, March 21 | Friday, March 22 |
|---|---|--|---|---|
| <u>Breakfast</u> Apple Cinnamon Texas Toast(V/H) |  <u>Breakfast</u> Belgium Waffles (V/H) | <u>Breakfast</u> Donut Holes(V/H) | <u>Breakfast</u> Cinnamon Crumb Loaf(V/H)  <u>Lunch</u> Noodle Bowl General Tso Chicken or Mandarin Chicken with Chow Mein Noodles & Dinner Roll Strawberry Cup | <u>Breakfast</u> Cinnamon Toast Crunch Pastry(V/H) <u>Lunch</u> Fish Sticks with Mac & Cheese(V/H) Stewed Tomatoes Applesauce Cup |
| <u>Lunch</u> Buffalo Chicken Cheesesteak Mixed Vegetables Craisins | <u>Lunch</u> Gochujang Chicken Drumstick with Cornbread & Pasta Salad Steamed Carrots Fruit Icy  | <u>Lunch</u> Season's Pizza(V/H) Tuna Salad Platter Steamed Green Beans Side Garden Salad Chilled Pears | | |
| Monday, March 25 | Tuesday, March 26 | Wednesday, March 27 | Thursday, March 28 | Friday, March 29 |
| <u>Breakfast</u> Assorted Breakfast Bread(V/H) | <u>Breakfast</u> Glazed Donut Sticks(V/H) | <u>Breakfast</u> Cereal (V/H) | NO SCHOOL | NO SCHOOL |
| <u>Lunch</u> Cowboy Cheeseburger on Bun Steamed Broccoli Peach Cup | <u>Lunch</u> Chicken Tenders with Cheez-Its Cinnamon Sweet Potato Fries Spinach Salad Craisins  | <u>Lunch</u> Cheese Pizza(V/H) Mixed Vegetables Raisins | | |

National Spinach Day is March 26th

Spinach is good for you!



Boosts Brain Power
Full of Vitamins and Minerals
Full of Antioxidants
High Fiber
Tastes Great



Spring Break



Break begins :
**Thursday,
March 28**
Classes resume:
**Monday,
April 8**

MARCH IS NATIONAL NUTRITION MONTH!

Look Beyond the Table when thinking about your health and the environment.

Choices we make daily, including what we're going to eat and drink, can make a big difference-both now and in the future

